

## Health and Wellbeing Strategy: document 21/054 4.1

### 3 Overall, do you agree or disagree with the selected priorities for the draft strategy?

	Agree	Neither agree nor disagree	Disagree
Reduce the differences in health between different groups of people	✓		
Support individuals at high risk of bad health outcomes to live healthy lives	✓		
Help children and families in early years	✓		
Promote good mental health and wellbeing for all children and young people	✓		
Promote good mental health and wellbeing for all adults	✓		

Please tell us the reasons for your responses.

In principle SMPC agrees with and fully supports the ambition of this Vision but does not see the document provided as a Strategy or Draft Strategy due to insufficient detail including feasibility, methodologies, implementation, and measurables. This raises many questions which would need to be answered before a more detailed evaluation and response can be given. For example:

To succeed, the majority of the initiatives will require substantial funding. Covid has brought about significant change in the economic landscape. Has the funding needed been calculated and provisionally secured?

There is a heavy reliance on the voluntary sector in a number of the initiatives. There has been an increase in numbers of new volunteers during the Covid crisis but continued support cannot be relied upon as industry returns to work and many older volunteers who have been dormant during Covid may not return to volunteering.

Many of the issues addressed in the Vision are not new and remain unresolved by previous measures – how are these approaches going to be different?

In short, SMPC believe a great deal more work and planning is required to convert the existing Vision into a Strategy.

This is our vision for what we need to do to make a difference to people in Berkshire West:

- Identify the communities and groups who experience poorer outcomes to ensure the right services and support are available to them while measuring the impact of our work.
- Prepare a delivery plan with a defined timeline to mitigate the long-term impact of Covid-19 on existing health, social and environment inequities
- Encourage closer working relationships between statutory bodies and the voluntary and community sectors
- Address health inequalities at all levels of a person's life experience
- Continue to develop ways we work with ethnically diverse community leaders, voluntary sector, unpaid carers and self-help groups
- Ensure fairer access to services and support for those most in need to empower communities to take ownership of their own health

- **4. Do you agree or disagree with our priority one vision?**

| Yes SMPC agrees with the Priority One Vision.

- **5. Do you think there's anything missing from our priority one vision?**

| The strategy and detail to support feasibility and delivery in each case.

This is our vision for what we need to do to make a difference to people in Berkshire West:

- Introduce a robust and integrated programme for Dementia support, pre-diagnosis and rehabilitation
- Work with unpaid carers and partners to improve identification and support for unpaid carers and to promote their health and wellbeing
- Reduce the number of rough sleepers and improve their mental and physical health through improved access to local services
- Prevent, promote awareness and provide support to victims of domestic abuse
- Support people with learning disabilities focusing on issues that matter to them
- Increase visibility and access to information for existing services for people at high risk of bad health outcomes

- **6. Do you agree or disagree with our priority two vision?**

| Yes SMPC agrees with the Priority Two Vision.

- **7. Do you think there's anything missing from our priority two vision?**

| The strategy and detail to support feasibility and delivery in each case. For example: reducing the number of rough sleepers and improving mental and physical health will require multi-agency participation and require substantial funding. Is this achievable?

Priority three: Help children and families in early years

This is our vision for what we need to do to make a difference to people in Berkshire West:

- Explore a more integrated approach that combines children's centres, midwifery, health visiting and school nursing
- Prepare mothers, fathers and other carers for parenthood and improve their personal and collective resilience during pregnancy and the early years
- Increase the number of two-year-olds (who experience disadvantage) accessing nursery places
- Ensure that early years setting staff are trained in trauma-informed practice and care and know where to find information to support/signpost families
- Publish clear guidelines on how to access financial help and tackle stigma around this issue

- **8. Do you agree or disagree with our priority three vision?**

| Yes SMPC agrees with the Priority Three Vision.

- **9. Do you think there's anything missing from our priority three vision?**

| The strategy and detail to support feasibility and delivery in each case. For example: increasing the number of nursery places for disadvantaged 2 year olds – how many children will this be, what is the cost involved? Is funding available? Demand for Nursery places already exceeds supply – how would this be addressed?

#### Priority four: Promote good mental health and wellbeing for all children and young people

This is our vision for what we need to do to make a difference to people in Berkshire West:

- Adopt a universal approach for interventions at the individual, family and community levels to reduce the risk of poor mental health
- Improve equality of access across all services and promote access to green spaces
- Support a whole-school approach to mental health to embed wellbeing as a priority across the school environment
- Expand a trauma-informed approach among formal and informal service providers to support recovery and resilience in children and young people
- Early identification of young people at risk of developing a mental health condition
- Help young people thrive by building resilience, recognising emotional changes, and have the skills to overcome normal life challenges
- The local authority will act as any good parent would (using corporate parenting principles) when supporting looked after children and care leavers in order to guide them to lead healthy and fulfilled lives across Berkshire West

#### 10. Do you agree or disagree with our priority four vision?

Yes SMPC agrees with the Priority Four Vision.

#### 11. Do you think there's anything missing from our priority four vision?

The strategy and detail to support feasibility and delivery in each case. For example, how will schools be funded to enable them to provide appropriate responses to all mental health problems for a whole school approach? Small schools, of which we have many in the district, have extreme difficulties at the moment in finding the budget to access appropriate services for individual children and many children wait years for proper assessment.

#### Priority five: Promote good mental health and wellbeing for all adults

This is our vision for what we need to do to make a difference to people in Berkshire West:

- Tackle the social factors that contribute to creating risks to mental health and wellbeing
- Work with local communities, voluntary sector partners and diverse groups to re-build mental resilience and tackle stigma around mental health
- Improve community cohesion and social connection as part of the Covid19 recovery plans, and increase social prescribing by promoting access and information to activities that promote wellbeing
- Ensure mental health and physical health are treated equally in the workplace
- Improve services offering for everyone and access to support for mental health crises

#### 12. Do you agree or disagree with our priority five vision?

Yes SMPC agrees with the Priority Five Vision.

#### 13. Do you think there's anything missing from our priority five vision?

The strategy and detail to support feasibility and delivery in each case. For example: tackling the social factors that contribute to creating risks to mental health and wellbeing. There are so many factors – which have been identified as those that can be significantly influenced, how that would be done, and the costs involved. How will the outcomes of the vision and strategy be measured?

#### Principles

#### 14. Overall, do you agree or disagree with the principles that run throughout the draft strategy?

	Agree	Neither agree nor disagree	Disagree
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Recovery from Covid-19	✓		
Engagement	✓		
Prevention and early intervention	✓		
Empowerment and self-care	✓		
Digital enablement	✓		
Social cohesion	✓		
Integration	✓		
Continuous Learning	✓		

**15. Do you think there's anything missing from our principles?**

Existing and future challenges

In the context of this Vision - none that would be higher priority than those already identified

**16. Do you agree or disagree with the existing and future challenges identified on pages 7 & 8 of the draft strategy?**

**17. Are there any other challenges you think should be included in the strategy?**

**18. Do you think the draft strategy adequately deals with the challenges?**

Agree                      Neither agree nor  
   disagree                      Disagree

**No because it only scratches the surface, identifying the issues and problems but not quantifying most of them and containing no smart target or indications of how these may be achieved**

**19. Do you have any other comments on the draft strategy?**